

## Years Estimated to Pass Tests

The goal for most skaters is to pass their senior level MITF, free skating, and gold compulsory dance tests before attending a college or university (age 17-18).

Competitive skaters require passing both the MITF and free skating tests at the same level. The same applies for dancers who must pass MITF, compulsory dances, and free dance tests at the same level in order to compete.

Most test skaters will concentrate their training on the MITF prior to taking the same level free skating test

Delaying the more advanced free skating tests gives skaters an opportunity to develop a wider array of complex Free Skating skills required to be successful in competition.

A Gold Free Skating test requires the same effort in skill development and training as a Gold Free Dance test.

Prior to starting to take compulsory dance tests a skater should have passed several MITF tests.

years	MITF	Free Skate	Compulsory Dance
1-2	Senior	Senior	Gold
1-2	Junior	Junior	Pre Gold
1-2	Novice	Novice	Silver
1	Intermediate	Intermediate	Pre Silver
1	Juvenile	Juvenile	Bronze
1	Pre Juvenile	Pre Juvenile	Pre Bronze
1	Preliminary	Preliminary	Preliminary
1	Pre Preliminary	Pre Preliminary	

The chart above assumes that a beginner will start in group classes and have passed several ISI or Basic Skating Skill free skating badges prior to transitioning to the USFS test and competition program.

The number of years required to progress through the tests depends on the amount of consistent practice sessions, lessons, natural skills, financial support, plus the skater's attitude, ability to focus, and their desire to succeed.