The University of Delaware Ice Arenas offer something for everyone who enjoys the sport of ice skating.

**UD’s High Performance Figure Skating Center** is home to some of the top figure skaters in the world. Olympians who have previously called the UD home include Tara Lipinski, Kimmie Meissner, Johnny Weir, Tiffany Scott and Philip Dulebohn, Irina Lobacheva and Ilia Averbukh, Oksana Grischuk and Evgeny Platov and Angelika Krylova and Oleg Ovsianikov.

Our coaching staff includes Ron Ludington, 1960 Olympic Bronze medalist and member of the elite World Figure Skating Hall of Fame, as well as many world and Olympic coaches and former Olympians.

During the competitive season, you can see top skaters in performance at National and World Send-Off shows, highlighting our skaters who have qualified for the National Championships and International competition.

The UD Ice Arenas also are home to many **club sports** that compete at the national level. Both the men’s and women’s ice hockey clubs, as well as the nationally ranked synchronized skating team and intercollegiate figure skating club team, practice and compete at the University of Delaware.

Synchronized Skating Team

The women’s ice hockey team qualified for the national championship tournament in 2008 and 2010, and the men’s team made the American Collegiate Hockey Association final four in 2003, 2007 and 2008 and was national runner up in 2001.

In addition to the excellence on the ice, the Ice Arenas offer a wide range of skating and hockey programs to fit every level of skating ability. **The Learn to Skate Program** is designed for the beginner or intermediate skater.

The program begins by focusing on proper methods of forward and backward skating, as well as stopping and the proper way to fall. It progresses to completing the ISI skills test, essential for the more advanced skater.

Classes are offered year-round, with two 6-week sessions in the fall and 8-week sessions in the winter, spring and summer. Special ice shows and competitions also are presented throughout the year.
For hockey enthusiasts, the University of Delaware Ice Arenas offers a full range of hockey programs. The program begins at the **instructional level**, designed to teach and strengthen basic skating and hockey skills.

The Learn to Play Hockey Program prepares the player for the program’s next level: **Cross-Ice Hockey and In-House Hockey Leagues**, which further develops players’ skills, while emphasizing team and game experience.

Cross-Ice Hockey is specifically designed to provide fast results in the most enjoyable environment available: Skaters play the game along one-third of the width of the rink rather than the full length.

This reduced playing area increases the players’ need to move faster and gain better control of the puck, and the players receive more touches of the puck than in a full-ice game. Teams consist of roughly eight players and participate in a 3-on-3 game lasting one hour.

For the advanced player, the **Junior Blue Hen travel teams** and the **Snipers limited travel teams** provide high intensity practices and games to train serious hockey players who intend to play competitively.

The Ice Arenas offers public sessions on weekends throughout the year, with special Family Fun weekends in January and February.