

## **BASIC SKILLS/THEATER ON ICE TEAM SKATING CHOREOGRAPHIC EXERCISE**

**OVERVIEW:** Basic Skills/Theater on Ice, Choreographic Exercise has been divided into four levels (CE 1; CE2; CE 3; CE4). Each level reinforces the elements learned to receive the badges at the corresponding level. The various levels may be offered at any non-qualifying Theater on Ice skating competition or U.S. Figure Skating Basic Skills competition.

The intent of the various levels is to provide a place for Basic Skills or pre-preliminary level skaters to start a Theater on Ice Team recognizing that their skating ability is not ready to enter Juvenile Team Level. In order to safely practice and compete at the various levels, it is recommended that skaters have passed the Basic Skills tests associated with the skill level at which they are skating. (See program requirements.)

**ELIGIBILITY RULES:** All skaters on the team must either be full U.S. Figure Skating members or members of the U.S. Figure Skating Basic Skills program. The team may choose to represent a U.S. Figure Skating club or their Basic Skills Program/Club. Members of other organizations are eligible to compete, but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club of their choice.

In order for the team to be eligible for this event, no skaters on the team may have passed higher than the preliminary or adult bronze test in any discipline.

**AGE / NUMBER OF SKATERS:** There are no age requirements or restrictions for this event. Skaters may be of any age. Teams must be comprised of 8 – 16 skaters

**PROGRAM DURATION:** Teams will skate a program to music of their choice of 1 ½ min. +/-10 sec.

There are no restrictions or requirements on music choice but each level has a different **THEME, CHOREOGRAPHIC PROCESS** and **MOVEMENT OF GESTURE** (See program requirements).

**JUDGING:** The main emphasis of each level is mastering the basic skills of Theater on Ice and showing control in the elements from the badge levels required.

The focus is not difficulty, but the understanding of the various parts of the Choreographic Exercise.

Judges should be selected from those that have participated in a PSA or USFS Schools/Seminars where Theater on Ice has been discussed.

## **BASIC SKILLS/THEATER ON ICE TEAM SKATING CHOREOGRAPHIC EXERCISE**

**PROGRAM REQUIREMENTS:** The competitive programs shall consist only of the following required elements skated in any order. Teams should link the elements together with steps and a minimum of stopping in the program. Coaches should refer to the U.S. Figure Skating Basic Skills Instructor's Manual for further details on the elements and teaching tips.

### **TonI CE 1**

- THEME: JOY
- CHOREOGRAPHIC PROCESS - REPETITION  
(To be repeated on given movement several times. This repetition may be done right away or delayed, with repetitions of the same movement now and again in the performance)
- MOVEMENT OF GESTURE - RAPID MOVEMENT  
Program length is 1 ½ mi. +/- 10 sec. Program may only contain elements from U.S. Figure Skating Basic Skills 1 - 4 Badges

### **TonI CE 2**

- THEME: FEAR
- CHOREOGRAPHIC PROCESS - CASCADE  
(This effect is produced from one single movement which is performed successively by several skaters with a short time delay between one and the next)
- MOVEMENT OF GESTURE - ROUND MOVEMENT  
Program length is 1 ½ min. +/- 10 sec. Program may only contain elements from U.S. Figure Skating Basic Skills 4-8 Badges

### **TonI CE 3**

- THEME: ANGER
- CHOREOGRAPHIC PROCESS - MIRROR  
(An imitation done symmetrically)
- MOVEMENT OF GESTURE - SHARP MOVEMENT  
Program length is 1 ½ min. +/- 10 sec. Program may only contain elements from U.S. Figure Skating Free Skate 1-3 badges

### **TonI CE 4**

- THEME: GROWTH
- CHOREOGRAPHIC PROCESS - CANON  
(Repetition of the same choreographic movement by several skaters who execute it one after the other with a regular connecting step )
- MOVEMENT OF GESTURE – SLOW MOVEMENT  
Program length is 1 ½ min. +/- 10 sec. Program may only contain elements from U.S. Figure Skating Free Skate 4-6 badges

**SUGGESTIONS FOR STARTING A TEAM:** Skaters who have already entered the basic skills program and clubs and coaches can add an additional sign up for the Theater on Ice program. Most Basic Skills programs do 30 min. lessons so Team could use ½ ice and the other ½ is for free time. Program could be set on ½ ice and then once or twice a month provide full ice for practice; schedule this in advance and only use ten minutes. After a program is done, test it then register with TOI and proceed to do this at a basic skills competition or encourage open or invitational competitions to include the event.

**CE 4 BADGE WILL BE INCLUDED IN THE 2007 INTERNATIONAL  
COMPETITION OF THEATER ON ICE.**