

# Solo Dance

The Solo Dance test structure does not have age restrictions. Anyone who has taken Standard Dance tests may crossover and immediately begin to take Solo Dance tests.

If after taking Solo Dance tests, a skater who desires to take Standard Dance tests must go back to the previous test level that they had previously passed.

A skater generally can compete in dance events with a partner and as a solo

dancer in most "Opens". Be sure to check the competition announcement requirements.

Solo Dance events usually accept Solo or Standard Dance tests to allow skaters to enter or to exclude the skater from entering a Solo Dance competition event.

Male and female skaters will usually compete against one another, but performing their steps of the dance.

## Generally accepted test requirements for entering solo dance competitions

<b>Level Test</b>	<b>Requirements</b>	<b>Solo</b>
Beginner	No more than one Preliminary dance	Dutch Waltz
Preliminary	No more than one Pre-Bronze dance	Rhythm Blues
Pre-Bronze	No more than one Bronze dance	Willow Waltz
Bronze	No more than one Pre-Silver dance	Ten-Fox
Pre-Silver	No more than one Silver dance	Fourteen Step
Silver	No more than one Pre-Gold dance	Rocker Foxtrot
Pre-Gold	Open to all	Blues
Gold	Open to all	Viennese Waltz