**Skating Books – Reading List**

**Inside Figure Skating**  
by Alina Sivorinovsky

Beautifully and vividly illustrated with more than 150 full-color photographs. Nice enough to give as a gift. In this book, skating insider Sivorinovsky reveals the complex world of professional skating, offering fans the inside scoop on some of the greatest skaters of past and present...including Peggy Fleming, Tara Lipinski, Brian Boitano, Elvis Stojko, Ekaterina Gordeeva, Katarina Witt, and Dick Button...and investigates the challenges of professional and Olympic competition, where personality and style can be as important as talent and athletic prowess when it comes down to the final score. Ice dancing, pairs, and men's and women's events are discussed in full detail, as are the myriad professional shows and televised specials that have made skaters like Michelle Kwan and Scott Hamilton household names.

**Figure Skating for Dummies**  
by Jody Meachem, Christy Ness, Kristi Yamaguchi

A complete introduction to figure skating, this fun and friendly book gives figure skating enthusiasts an inside peek at the colorful and competitive world of figure skating. Easy-to-understand explanations of the technical merits, judging, and scoring are given. Photos & line drawings.

**Conditioning for Figure Skating: Off-Ice Techniques for On-Ice Performance**  
by Carl M Poe

To be the best on the rink, skaters must spend endless hours strengthening and conditioning their bodies off the ice to build strength for the rigors of their performances. Illustrative and technical, yet user-friendly, "Conditioning for Figure Skating" provides detailed coverage of the physical preparation necessary for Preliminary through Senior ...

**Figure Skating Now**  
by Gérard Châtaigneau and Steve Milton

Today's most exciting figure skaters are spotlighted in this richly illustrated book, updated to include the 2003 Worlds competition. Photos.

**The Complete Book of Figure Skating**  
by Carole Shulman

The executive director of the Professional Skaters Association (PSA) provides proven technique instruction for more than 100 skills, presenting them progressively from beginning to advanced levels of expertise. 170 photos.
**Zero Tollerance: An Intimate Memoir by the Man Who Revolutionized Figure Skating**
by Toller Cranston, Martha L Kimball

In this candid and provocative memoir, charismatic artist and six-time Canadian skating champion Toiler Cranston amuses and often shocks readers with revealing stories of the international skating and art scenes, and the people -- including many famous skaters and off-ice celebrities -- he has known. Included is the story behind his fabulous ...

**Figure Skating: A Celebration**
by Beverley Smith

A look at the world of figure skating, from the latest techniques and how they were developed, to details on how competitions are judged, to thorough information on each of the sport's four disciplines: Women's, Men's, Pairs, and Ice Dance.

**The Official Book of Figure Skating**
by U S Figure Skating Association,

This official, comprehensive, and fully illustrated guide to the second most popular sport in North America, its stars, and its greatest moments includes profiles of Dorothy Hamill, Kristi Yamaguchi, Michelle Kwan, Elvis Stojko, and many others. 235 photos & illustrations, 125 in color.

**Talking Figure Skating: Behind the Scenes in the World's Most Glamorous Sport**
by Beverley Smith

In "Inside Figure Skating", award-winning sports journalist Beverley Smith draws on some 16 years covering figure skating for the "Globe and Mail" to introduce the reader to the behind-the-scenes world of figure skating and to many of those who make the magic happen.

**Figure Skating with Carlo Fassi**
by Carlo Fassi

**Boitano’s Edge: Inside the Real World of Figure Skating**
by Brian Boitano, Peggy Fleming (Introduction by), Suzanne Harper

Olympic Gold Medalist Brian Boitano offers lively expert commentary on the popular sport of figure skating in this distinguished and inviting volume. Over 100 full-color photos as well as personal anecdotes illustrate this informative, in-depth, inside look at everything about the sport, from a first lesson to competing at an international level.

**The Passion to Skate: An Intimate View of Figure Skating**
by Sandra Bezic, David Hayes

**Inside Figure Skating**
by Alina Sivorinovsky

In the past ten years, competitive figure skating has grown from a once-every-four-years novelty to the second most televised sport in America. Fueled by the emergence of professional competition and new rules that allow skaters to earn money for skating without forfeiting their Olympic eligibility, skating has become a worldwide phenomenon. ...

**Figure Skating: Championship Techniques**
by John Misha Petkevich

As a sport, an art, and a fitness activity, nothing quite beats figure skating for excitement, grace, beauty, or fun. Now former U.S. Champion figure skater John Misha Petkevich shows how you can find your full potential as a figure skater.

**The Figure Skating Book: A Young Persons' Guide to Figure Skating**
by Debbi Wilkes

All the commonly performed jumps, spins, and other maneuvers in figure skating are explained in detailed instructions and line drawings. Photos throughout.
Frozen Assets: The New Order of Figure Skating
by Mark Lund, Lois Elfman, Rebecca Patrick

Frozen Assets shines a spotlight inside the world of figure skating, exposing the intricacies involved in making it in the sport and depicting the personalities who rule it. From judging shenanigans to Scott Hamilton, Michelle Kwan and much more. Told with comments from top skaters, Frozen Assets offers a 300-page behind-the-scenes look at the ...

Encyclopedia of Figure Skating
by John Malone

A complete reference to figure skating covers its history, rules, definitions of terms, descriptions of all required movements and figures, and biographical entries on all important participants in the sport from the 1880s to today. From the axel to the camel to the death spiral, from Tenley Albright to Nancy Kerrigan, this is a must-read for any ..

Skate Talk: Figure Skating in the Words of the Stars
by Steve Milton

SKATE TALK, takes readers on a insider’s voyage to the heart of the sport. In their own words. Skaters like Elvis Stojko, Toller Cranston and Lu Chen offer their inner-most thoughts of figure skating.

Basic Ice Skating Skills: An Official Handbook
Prepared for the United States Figure Skating Association,
by Robert S Ogilvie

A handbook for beginning ice skaters that describes the equipment, skills, and movements necessary for skating for pleasure or in competition.

A Year in Figure Skating
by Beverley Smith, Dan Diamond (Editor)

Following on the success of "Figure Skating: A Celebration", award-winning sports writer Beverley Smith traces the events of a year in the international skating calendar in this beautifully illustrated book. The title includes a tribute to Sergei Grinkov and provides exciting, unprecedented insight into the rise of China in international figure ..

Figure Skating School
by James Young, Peter Morrissey

FIGURE SKATING SCHOOL is one of the very few books available to teach novices and enthusiasts alike the basic and advanced techniques of figure skating. Complete with diagrams, figure illustrations and photographs of today's skating stars.

Sports Illustrated Figure Skating: Championship Techniques
by John Misha Petevich, John M Petkevich

Fun of Figure Skating
by Maribel V. Owen

Artistry on Ice: Figure Skating Skills and Style
by Nancy Kerrigan, Mary Spencer

With insights from the two-time Olympic Medalist, this helpful book contains advanced techniques for jumps, spins, moves in the field, ice dancing, pairs skating, and more. Full-color photos.

Culture on Ice: Figure Skating & Cultural Meaning
by Ellyn Kestnbaum

The first in-depth, critical look at figure skating.

The Story of Figure Skating
by Michael Boo

From its beginnings in Europe to the contemporary skating scene and the stars of the 1998 Winter Olympics, here is a fascinating look at a sport that keeps growing in popularity. Skating fans will be captivated by the sport's history, its memorable moments, its fashions, and its jumps and spins. 60+ photos.
Frozen in Time: The Enduring Legacy of the 1961 U.S. Figure Skating Team
by Nikki Nichols

Most sports fans have heard the tragic story of the plane crash that killed all the members of the 1961 U.S. World Figure Skating Team, along with sixteen of their friends, family and coaches. Now, for the first time, "Frozen in Time" takes readers inside the lives of the skaters, telling one of the most iconic stories in the history of American ..

Elvis Stojko: Skating from the Blade
by Linda Shaughnessy

A biography of the dynamic Canadian skater who successfully blended martial arts with figure skating to win the 1994 and 1995 World Championships.

Katarina Witt
by Evelyn Kelly

Discusses the skating career of German figure skater, Katarina Witt, who won two Olympic gold medals before going on to skate professionally.

Tara Lipinski
by Veda Boyd Jones

Presents the success story of figure skater Tara Lipinski, who at fourteen-years-old became the youngest National Champion and World Champion in the history of women's figure skating.

Figure Skating in Action
by Kate Calder

Color photos of amateur skaters and international competitors show everything from the basics of forward skating to combination jumps and pair-skating lifts. Also includes information on coaching and nutrition, ice-dancing, and the growing popularity of synchronized skating. Full-color photos and illustrations.

Ekaterina Gordeeva
by Pegi Deitz Shea

A biography of skating star Ekaterina Gordeeva who, with her husband Sergei Grinkov, won two Olympic gold medals, and who, since his untimely death in 1995, skates alone.

Figure skating
by Diane DeLeeuw

An introduction to the major aspects of figure skating including the uses of blade edges, basic and advanced figures, jumps, spins, and related free-skating maneuvers. Also discusses ice dancing and training for competition.