

Competition Check Lists

By Cheryl Smith

Skaters Competition Checklist:

Skate Bag. Clean out skate bag

1. Clean & polish skates & laces (extra laces).
Towel/soakers & blade guards, screw driver
2. 2 copies of music (not practice music)
3. Towel or small blanket to sit on to protect outfit & tights
4. Good luck charm!

Garment bag

1. Outfit for each event/test (make sure they fit correctly) Back-up dress in case of emergency
2. (girls) Tights and extra tights, check that there are no holes and runs
3. Club Jacket or Sweater

Hair & make-up bag

1. Scrunchie/hair ties for each outfit
2. Thread/needle/hairnet/scissors – outfit repair
3. Hairbrush Gel, hairspray, (glitter)
4. (Girls) Make-up, blush, eye shadow, mascara, lipstick/gloss

Parent to Skater – When you are done, I will re-check everything.

Parents Competition Checklist:

- Your skates (both of them), guards, soakers and extra laces
- Competition outfit and back-up outfit
- Girls: Extra pair of tights
- Girls: Hair accessories and make-up
- Two new copies of your music (Your practice copy may malfunction)